



RACE BIB NUMBER:.....

**Vietnam Ultra Marathon (VUM) 2024  
Acknowledgement, Release and Indemnity  
For 10km runners under 16 years old**

***This is an important document which affects the minor runner's legal rights and obligations. Signed by the minor runner's parent/guardian.***

1. In consideration of the VUM organization accepting this minor runner's participation to Vietnam Ultra Marathon held on 23 March 2024 (the "Event"), I agree to this release of claims, waiver of liability and assumption of risk.
2. I have read and understood the race rules and information relating to the Event.
3. I understand the demanding physical nature of the Event. I declare, as a condition of entry to the Event, that the minor runner has sufficiently trained for this Event and that I am not aware of any illness, injury or any other physical disability which may cause the minor runner injury or death whilst participating in the Event.
4. In the event that I become aware of any medical condition or impairment of the minor runner, or the minor runner is sick or injured prior to or during the Event, I will withdraw the minor runner from the Event.
5. I acknowledge that participating in the Event is a dangerous activity and that by such participation the minor runner is exposed to certain risks. I acknowledge that the enjoyment of trail running is derived in part from the inherent risks and exertion beyond the accepted safety of life at home or at work and that these inherent risks contribute to such enjoyment and is a reason for the minor runner's participation in the Event.
6. I acknowledge and understand that whilst participating in the Event:
  - The minor runner may be injured, physically or mentally, or may die from various causes including, but not limited to, over exertion, dehydration, cardiac arrest, slips, trips or falls, accidents with other participants, spectators and road users, or accidents caused by the minor runner's actions;
  - The minor runner's personal property may be lost or damaged;
  - The minor runner may cause injury to other persons or damage their property;
  - The conditions in which the Event is conducted may vary without warning;
  - The minor runner may be in a remote or isolated location where access to medical support may be limited and take significant time to reach my child;
  - There may be no or inadequate facilities for treatment or transport of the minor runner if the minor runner is injured;
  - I assume the risk and responsibility for any injury, death or property damage resulting from the minor runner's participation in the Event.
7. I agree that if the minor runner is injured or requires medical assistance, the Event Organisers can, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for the minor runner's medical and ambulance insurance cover.
8. I agree to release, indemnify and hold harmless the Event Organisers, its officers, employees, agents, volunteers, contractors, public bodies, landholders and sponsors, from and against any and all claims, demands, right or cause of action, suits, expenses, costs and proceedings of any nature whatsoever which may be made by the minor runner or on the minor runner's behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to the minor runner or the minor runner's property as a result of the minor runner's entry or participation in the Event whether by negligence, breach of contract or in any way whatsoever.
9. I also agree that in the event the minor runner is injured or the minor runner's property is damaged, I will bring no claim, legal or otherwise, against the Event Organisers in respect to that injury or damage.
10. I agree to allow the minor runner's name, results, photographs, videos, multi-media or film likeness to be used for any legitimate purpose by the race organisers without payment or compensation.
11. I agree to abide by the Event rules and the directions of all Event officials.

12. I acknowledge that the Event Organiser may change the advertised course without notice if the Event Organisers deem this necessary. I also acknowledge that the Event Organiser may cancel the Event due to, but not limited to, terrorism, war, public health emergency, epidemic, pandemic, civil unrest, weather conditions, 'acts of god' and that in such circumstances the minor runner's entry fee will be non-refundable.

**I, as the parent or legal guardian of the below named minor, hereby give permission and consent, voluntarily and freely, for the minor runner to participate in the Event. I WILL RUN ALONG WITH the minor runner.**

**I further agree to the above provisions, both individually and on behalf of the minor identified below, after having read this indemnity fully.**

Minor runner's name: \_\_\_\_\_

Minor runner's date of birth: \_\_\_\_\_

Parent/guardian's name and bib number: \_\_\_\_\_

Parent/guardian's signature: \_\_\_\_\_

Parent/guardian's phone number: \_\_\_\_\_

***Completed forms should be returned to the organizer at race pack collection.***

### **10KM MANDATORY KIT**

1. 0.5L liquid carrying capacity (**Lack of this = DSQ**)
2. Strong headlamp **if on course after 6pm** (you will be checked) (**Lack of this = DSQ**)
3. Mobile phone (with battery for the full event) (**Lack of this = DSQ**)

Top 3 Runners will have **mandatory kit** inspections.

Other kit inspections are carried out at random, including at the start line.

Lack of mandatory kit will result in disqualification or time penalty.

***I have read and understood the mandatory kit list and rules.***

Your Name:.....

Your Signature:.....