



RACE BIB NUMBER:.....

**Vietnam Mountain Marathon (VMM) 2023
Acknowledgement, Release and Indemnity
For 10km runners under 16 years old**

This is an important document which affects your child's legal rights and obligations.

1. In consideration of the VMM organization accepting my child's participation to Vietnam Mountain Marathon held on 22-24 September 2023 (the "Event"), I agree to this release of claims, waiver of liability and assumption of risk.
2. I have read and understood the race rules and information relating to the Event.
3. I understand the demanding physical nature of the Event. I declare, as a condition of entry to the Event, that my child has sufficiently trained for this Event and that I am not aware of any illness, injury or any other physical disability which may cause my child injury or death whilst participating in the Event.
4. In the event that I become aware of any medical condition or impairment of my child, or my child is sick or injured prior to or during the Event, I will withdraw my child from the Event.
5. I acknowledge that participating in the Event is a dangerous activity and that by such participation my child is exposed to certain risks. I acknowledge that the enjoyment of trail running is derived in part from the inherent risks and exertion beyond the accepted safety of life at home or at work and that these inherent risks contribute to such enjoyment and is a reason for my child's participation in the Event.
6. I acknowledge and understand that whilst participating in the Event:
 - My child may be injured, physically or mentally, or may die from various causes including, but not limited to, over exertion, dehydration, cardiac arrest, slips, trips or falls, accidents with other participants, spectators and road users, or accidents caused by my child's actions;
 - My child's personal property may be lost or damaged;
 - My child may cause injury to other persons or damage their property;
 - The conditions in which the Event is conducted may vary without warning;
 - My child may be in a remote or isolated location where access to medical support may be limited and take significant time to reach my child;
 - There may be no or inadequate facilities for treatment or transport of my child if my child is injured;
 - I assume the risk and responsibility for any injury, death or property damage resulting from my child's participation in the Event.
7. I agree that if my child is injured or requires medical assistance, the Event Organisers can, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for my child's medical and ambulance insurance cover.
8. I agree to release, indemnify and hold harmless the Event Organisers, its officers, employees, agents, volunteers, contractors, public bodies, landholders and sponsors, from and against any and all claims, demands, right or cause of action, suits, expenses, costs and proceedings of any nature whatsoever which may be made by my child or on my child's behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to my child or my child's property as a result of my child's entry or participation in the Event whether by negligence, breach of contract or in any way whatsoever.
9. I also agree that in the event my child is injured or my child's property is damaged, I will bring no claim, legal or otherwise, against the Event Organisers in respect to that injury or damage.
10. I agree to allow my child's name, results, photographs, videos, multi-media or film likeness to be used for any legitimate purpose by the race organisers without payment or compensation.
11. I agree to abide by the Event rules and the directions of all Event officials.
12. I acknowledge that the Event Organiser may change the advertised course without notice if the Event Organisers deem this necessary. I also acknowledge that the Event Organiser may cancel the Event due to weather conditions, safety considerations, terrorism or 'acts of god' and that in such circumstances my child's entry fee will be non-refundable.

I, as the parent or legal guardian of the below named minor, hereby give permission and consent, voluntarily and freely, for my child to participate in the Event. I WILL RUN ALONG WITH MY CHILD.

I further agree to the above provisions, both individually and on behalf of the minor identified below, after having read this indemnity fully.

Minor runner's name: _____

Minor runner's date of birth: _____

Parent/guardian's name and bib number: _____

Parent/guardian's signature: _____

Parent/guardian's phone number: _____

Completed forms should be returned to the organizer at race pack collection.