

VMM - 4 DAY SAPA DELUXE INCLUSIVE PACKAGE SAPA HIGHLAND RESORT

*The schedule is subject to change prior to the race.
Hotel: Sapa Highland Resort (09 Thac Bac Street, Sapa)

Time table	Thursday	Friday	Saturday	Sunday
			*70km + 42km Runners: breakfast boxes put in your room the night before.	
1:00 AM			1:30 AM: Depart to 70km start	
3:00 AM			3:00 AM: START Ultra Marathon 70km	
5:00 AM		5:00 AM: START 100 miles		
6:00 AM		6:30-9:00 AM: Breakfast at Sapa Highland Resort	6:00 AM: Depart to 42km start	
7:00 AM			6:30-9:00 AM: Breakfast at Sapa Highland Resort	6:30-9:00 AM: Breakfast at Sapa Highland Resort
			7:00 AM: START Marathon 42km	
8:00 AM	8.30-11:30 AM: Pick up your race pack Place: Turtle Lake Brewing Company (Add: 105 Quang Khanh Str., Tay Ho Dist., Hanoi)		8:30 AM: Depart to 21km start	8:00 AM: Opening Ceremony
9:00 AM			9:00 AM: Supporters & Sunday runners depart to Topas Ecolodge – VMM finish area	8:15 AM: START 15km at Sapa Square
			9:30 AM: START 21km	9:00 AM: START 10km at Sapa Square
10:00 AM	10:00 AM-12:00 PM: Buses depart from Turtle Lake Brewing Company to Sapa	10:00 AM-9:00 PM: Attend VMM EXPO at Sapa Square	From 11:00 AM: Light lunch: Vegetarian Soup & Bread at Topas Ecolodge - The finish area	10:30 AM: Winners & Closing Ceremony
11:00 AM	(1) Buses depart when full (2) The bus stops 1 time for 20-30 minutes for lunch (3) Optional Hanoi airport departure bus at 1PM on request with surcharge \$15/person	- Shopping - Talks with elite runners - Music performances		
12:00 PM	12:00 PM: Last bus departs to Sapa		12:00-11:00 PM: Hourly shuttle bus back to Sapa Town	8:00AM, 12:00 PM, 1:00 PM, 2:00 PM: Departures from Sapa Highland Resort for Hanoi (1) Buses depart when full (2) The bus stops 1 time for 20-30 minutes
3:00 PM	3:30-5:00 PM: Check in at Sapa Highland Resort			5:30 PM: First buses arrive in Hanoi
5:00 PM				Step 1: Ciputra Hanoi Entrance Final Stop: Hanoi Opera House
6:00 PM		6:00-8:00 PM: Buffet dinner at Sapa Highland Resort	6:00-9:00 PM: BBQ BUFFET DINNER AT TOPAS ECOLOGE (2ND FLOOR OF THE RESTAURANT)	
7:00 PM		7:30 PM: Depart to 100km start		
9:00 PM		9:00 PM: START Ultra Marathon 100km		

*Please wear your wristband to check in for bus & dinners.

**The buses depart on time and do not wait for late runners.