

## VMM20 - 4 DAY TOPAS ECOLODGE PACKAGES

*The schedules are subjected to change prior to the race.*

Time table	Thursday 17 Sep 2020	Friday 18 Sep 2020	Saturday 19 Sep 2020	Sunday 20 Sep 2020	
2:00 AM			2:00 AM onwards: Buffet breakfast at the lodge restaurant	Kindly check out and bring your luggage to Sapa Town.	
3:00 AM			3:00 AM: START Ultra Marathon (70km) at Topas entrance		
4:00 AM					4:30 AM: Depart to 21km start (Runners and supporters)
5:00 AM					5:00 AM: Depart to 42km start
6:00 AM					
7:00 AM			7:00 AM: START Marathon (42km)		
8:00 AM	8.30-11:30 AM: Pick up your race pack Place: Turtle Lake Brewing Company (Add: 105 Quang Khanh Str., Tay Ho Dist., Hanoi)	7:00 AM-10:00 AM: Breakfast at Topas Ecolodge	7:30 AM: Depart to 21km start	8:00 AM: Opening Ceremony	
9:00 AM				8:15 AM: START 15km at Sapa Square 9:00 AM: START 10km at Sapa Square	
10:00 AM	10:00 AM-12:00 PM: Buses depart from Turtle Lake Brewing Company to Topas Ecolodge *Optional Hanoi airport departure bus at 1PM on request with surcharge \$15/person	10:00 AM: Welcome by the Race Director		9:30 AM: START 21km 9:00 AM: ALL depart to Sapa Town	
11:00 AM			From 11:00 AM: Light lunch: Vegetarian Soup & Bread at Topas Ecolodge - The finish area	10:30 AM: <b>Winners &amp; Closing Ceremony</b> Sunday runners can take a shower at a nearby hotel after running. - Hotel name: <b>Sapa Centre Hotel</b> - Address: 10 & 12 Cau May Street	
12:00 PM	12:00 PM: Last bus departs to Sapa	12:00 PM-1:30 PM: Buffet Lunch at Topas Ecolodge		12:00-1:00 PM: Departures from Sapa Square for Hanoi	
1:00 PM		1:30 PM: Optional activities: (1) Join the bus to VMM EXPO in Sapa Town (return at 4:30PM) (2) Join a guided walk to a small Red Dao ethnic village.			
3:00 PM	3:30-5:00 PM: Check in at Topas Ecolodge				
5:00 PM				5:30 PM: First buses arrive in Hanoi at Hanoi Opera House	
6:00 PM	6:00-8:00 PM: Buffet dinner at Topas Ecolodge	6:00-8:00 PM: Buffet dinner at Topas Ecolodge	6:00-9:00 PM: <b>BBQ BUFFET DINNER AT TOPAS ECOLODGE (2ND FLOOR OF THE RESTAURANT)</b>		
8:00 PM					
9:00 PM		9:00 PM: START Ultra Marathon (100km) at Topas Entrance			

\*Please wear your wristband to check in for bus & dinners.