

VMM20 - 4 DAY SAPA DELUXE INCLUSIVE PACKAGE SAPA HIGHLAND RESORT

*The schedules are subjected to change prior to the race.
Hotel: Sapa Highland Resort (07 Thac Bac Street, Sapa)

Time table	Thursday 17 Sep 2020	Friday 18 Sep 2020	Saturday 19 Sep 2020	Sunday 20 Sep 2020
			*70km Runner breakfast boxes put in your room the night before.	
1:00 AM			1:30 AM: Depart to 70km start	
3:00 AM			3:00 AM: START Ultra Marathon 70km	
5:00 AM			5:00-9:00 AM: Breakfast at Sapa Highland Resort	
6:00 AM		6:30-9:00 AM: Breakfast at Sapa Highland Resort	6:00 AM: Depart to 42km start	6:00 AM: START 21km at Sapa Square
7:00 AM			7:00 AM: START Marathon 42km	6:30-9:00 AM: Breakfast at Sapa Highland Resort
8:00 AM	8:30-11:30 AM: Pick up your race pack Place: Turtle Lake Brewing Company (Add: 105 Quang Khanh Str., Tay Ho Dist., Hanoi)		8:30 AM: Depart to 21km start	8:00 AM: Opening Ceremony
9:00 AM			9:00 AM: Supporters & Sunday runners depart to Topas Ecolodge – VMM finish area	8:15 AM: START 15km at Sapa Square
			9:30 AM: START 21km	9:00 AM: START 10km at Sapa Square
10:00 AM	10:00 AM-12:00 PM: Buses depart from Turtle Lake Brewing Company to Sapa *Optional Hanoi airport departure bus at 1PM on request with surcharge \$15/person	10:00 AM-9:00 PM Attend VMM EXPO at Sapa Square		10:30 AM: Winners & Closing Ceremony
11:00 AM		- Shopping - Talks with elite runners - Music performances	From 11:00 AM: Light lunch: Vegetarian Soup & Bread at Topas Ecolodge - The finish area	
12:00 PM	12:00 PM: Last bus departs to Sapa		12:00-11:00 PM: Hourly shuttle bus back to Sapa Town	12:00-1:00 PM: Departures from Sapa Highland Resort for Hanoi
3:00 PM	3:30-5:00 PM: Check in at Sapa Highland Resort			5:30 PM: First buses arrive in Hanoi at Hanoi Opera House
5:00 PM				
6:00 PM	6:00-8:00 PM: Buffet dinner at Sapa Highland Resort	6:00-8:00 PM: Buffet dinner at Sapa Highland Resort	6:00-9:00 PM: BBQ BUFFET DINNER AT TOPAS ECOLODGE (2ND FLOOR OF THE RESTAURANT)	
7:00 PM		7:30 PM: Depart to 100km start		
9:00 PM		9:00 PM: START Ultra Marathon 100km		

*Please wear your wristband to check in for bus & dinners.